

Get Ready to Learn



Principal

James Thorbs

Assistant Principals

Christine Breyer
Anthony Loades
Tara Chase
Maureen Healey
Joan Gelin

ATTENTION

Parents/Guardians!!!

**Please Join us for a Movement Workshop “Get Ready to Learn”
&
Parent Support Group**

Experience the programs that were designed to prepare your children for learning by means of a daily movement program. **The program includes breathing exercises, eye exercises, and a series of physical postures, relaxation and group singing.** Entertainment music is used in the background to enhance emotional regulation.

- **All Parents are invited to this Amazing, Relaxing Exercise Workshop.**
- All you need is a pair of sneakers and something comfortable to wear.

Following the workshop we will be hosting a Parent Support Group, where you will have the opportunity to engage with other parents of P75Q students.

Place: P.75Q

1666 Hancock Street, Ridgewood, NY 11385

Time: 10:00 AM

Date: Friday, March 10, 2017

Register with Mrs. Rossi Ramos at (718) 456-7588 ext. 2102

**Detach and Return Bottom to Mrs. Ramos, Parent Coordinator
GRTL Movement Workshop 03/10/17**

Student Name: _____ **Class** _____

Parent Name: _____ **Phone #** _____

___ I will attend

___ I will not attend
